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| Level 3 Diploma in Counselling Skills  *Unit 5 – Counselling Skills and Personal Development*  Professional Discussion Form |

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| Learning Outcome: | Qualified Assessor feedback: |
| **1 Know own development needs**    1.1 Identify own personal development needs  1.2 Explain the importance of continued self-development for those using counselling skills |  |
| **2 Understand process of personal development**    2.1 Analyse the impact of personal development on counselling skills practice    2.2 Explain why feedback is an essential component of personal development    2.3 Evaluate how using counselling skills has influenced/influences own personal development    2.4 Evaluate ways to overcome barriers to personal development and self-awareness |  |

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| Qualified Assessor comments: | |
| Student comments: | |
| Qualified Assessor name: | Student name: |
| Qualified Assessor signature: | Student signature: |
| Date: | Date: |