Email: Date enrolled:

Phone:

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| Name: | | | **Level 3 Diploma in Counselling Skills (RQF)** | |
| Lit Assessment  Num Assessment | CV | CPD | | Declaration |

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| **UNIT 1: DEVELOPING COUNSELLING SKILLS** | |
| 1. Understand how to establish a relationship using counselling skills |  |
| 2. Be able to establish a relationship using counselling skills | **OBS** |
| 3. Understand how to develop a relationship using counselling skills |  |
| 4. Be able to develop a relationship using counselling skills | **OBS** |
| 5. Understand how to conclude an interaction using counselling skills | **PD** |
| 6. Be able to conclude an interaction using counselling skills | **OBS** |
| 7. Understand development of own counselling skills |  |
| **UNIT 2: THEORETICAL APPROACHES IN THE USE OF COUNSELLING SKILLS** | |
| 1. Understand core concepts of main theoretical approaches to counselling |  |
| 2. Understand what is meant by the integrative model |  |
| 3. Understand the importance of counselling theory |  |
| 4. Be able to apply core theories in the use of counselling skills | **OBS** |
| 5. Be able to self-reflect using theoretical approaches |  |
| **UNIT 3: WORKING ETHICALLY WITH COUNSELLING SKILLS** | |
| 1. Understand what is meant by an ethical framework |  |
| 2. Know how an ethical framework relates to the use of counselling skills |  |
| 3. Understand the importance of the setting in which counselling skills are used | **PD** |
| 4. Understand the concepts of ethical referral |  |
| **UNIT 4: COUNSELLING SKILLS AND DIVERSITY** | |
| 1. Understand the meaning of discrimination |  |
| 2. Understand issues of diversity |  |
| 3. Understand power issues within the counselling process |  |
| **UNIT 5: COUNSELLING SKILLS AND PERSONAL DEVELOPMENT** | |
| 1. Know own development needs | **PD** |
| 2. Understand process of personal development | **PD** |
| 3. Understand group dynamics |  |
| 4. Understand impact of personal development on others |  |
| 5. Be able to plan self-development |  |