

# LEVEL 3 DIPLOMA IN COUNSELLING SKILLS

## READING LIST

### Books

Beattie, Michael, and Lenihan, Penny (2018) *Counselling Skills for Working with Gender Diversity and Identity*. UK: Jessica Kingsley Publishers.

Bond, Tim (2015) *Standards and Ethics for Counselling in Action* (4<sup>th</sup> Edition). UK: Sage.

De Board, Robert (1998) *Counselling for Toads: A Psychological Adventure*. UK: Routledge.

Dryden, Windy, and Mytton, Jill (2016) *Four Approaches to Counselling and Psychotherapy*. UK: Routledge.

Hough, Margaret (2015) *Counselling Skills and Theory* (4<sup>th</sup> Edition). UK: Hodder Education.

Johns, Hazel (2012) *Personal Development in Counsellor Training (Counsellor Trainer & Supervisor)* (2<sup>nd</sup> Edition). UK: Sage.

### Websites

Counselling Tutor. (2018) Found at: <https://counsellingtutor.com/>

The Counsellor's Guide. (2018) Found at:  
<http://www.thecounsellorsguide.co.uk/>

