

Level 3 Diploma in Counselling Skills

Self-development plan			Name: Elizabeth Hazeldine
What are my development objectives?	What activities do I need to undertake to achieve my objectives?	What support/sources do I need to achieve my objectives?	Target date
I will introduce Mindfulness to the daily activities of vulnerable children in school. I will be able to provide targeted and individualised support to student with SEND challenges (such as ADHD) within the context of the outdoors.	I will need to undergo professional training in mindfulness to relate these activities back to children at KS1 and KS2 level. I will also need to practice Mindfulness activities within my own life to help me practice the skills I will teach.	Mindfulness in Nature' training course booked 27th March 2019. Support from senior leadership at school to explore other modes of support for SEND children.	27th March 2019.

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<p>I will develop my professional ability of supporting SEND students through the administrative support of referral processes.</p>	<p>I need to undergo SENDCO induction training.</p> <p>I need to observe the current SENDCO in his role.</p> <p>I would like to observe the panel who make decisions about children's EHCP's - especially in relation to students who have Social, Emotional and Mental Health needs (SEMH).</p>	<p>SENDCO Induction training.</p> <p>Time to observe current SENDCO and observe panel discussions.</p> <p>Effective time management skills.</p>	<p>30th July 2019.</p>
<p>I will qualify as a Forest School Leader to help develop my personal ambition of being able to deliver individualised outdoor sessions to students with SEND (including SEMH).</p>	<p>Forest School Leadership Level 3 Qualification.</p> <p>Volunteer to support existing forest school provision in Bradford.</p>	<p>Books: Forest School in a Year; Play the Forest School Way; Forest Schools.</p> <p>Appropriate financial saving goals to fund Forest School Leadership course (£800).</p>	<p>31st Dec 2019.</p>

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